

KEEPING KIDS ENGAGED

DURING REMOTE LEARNING

Collaborate with your child's teacher! Mirror the schedule at home to the schedule your child is used to at school. Have lunch and snack at the same time and incorporate "recess" and "specials" classes into your child's day. Keep other established routines consistent, like wake up and bedtimes, shower or bath, brushing teeth, dinner, and family time.

**Please note, you are not expected to recreate the school day.*

Start with small bursts of work. Doing schoolwork at home may be a new experience for your child. Start small and build over time. If you know your child can sit for 5 minutes, set an expectation to work for 4 minutes and provide high rates of reinforcement. Set a goal each day and increase the time gradually.

Incorporate interests. If your child is resisting work, incorporate skills into activities they are interested in engaging with. For example, if your child loves Legos, incorporate math into Lego or block play. Make letters or spell words out of playdough or clay. If your child enjoys Facetiming with family, ask a family member to read your child a story over FaceTime and ask them comprehension questions. If your child enjoys technology, find apps that reinforce the skills your child is working on!

Focus on mastered skills. Remote learning is intended to reinforce previous learning. Focus on skills that your child has already mastered using different tools and activities.

Build a work plan for the day or week. List all the activities your child is expected to complete during the day or week. Have them choose which activities they will start with or complete first. Make the expectations attainable and something they can do with the greatest amount of independence.

Learning does not need to take place at a table. Allow your child to choose a comfortable place to complete their work. If they choose not to sit at a table, make sure to remove distractions from the space your child chooses to work.

Remember to use reinforcement! Your child needs to be taught a new skill, and the best way to do that is through reinforcement. Identify items or activities that can be used as potential reinforcers and have your child select what they would like to work for. Provide high rates of reinforcement in the beginning, while your child is acclimating to their new schedule. Use this [reinforcer survey](#) to identify items or activities that can serve as reinforcers.

**Reinforcers are for engaging in expected behaviors! If something is identified as a reinforcer, make sure to only provide it for completing work and demonstrating compliance.*

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Establish clear expectations, consider how you are presenting demands, use timers and visuals supports, and implement reinforcement!

Remember to collaborate with your child's team during this time. *Don't feel like you need to assume the role of your child's teacher. Their teachers are still their teachers and will be able to provide guidance on how to support remote learning or reinforce prior learning. This is temporary.*