

## **“Executive Functions” Workshop Resources**

### Books

The Executive Brain: Frontal Lobes and the Civilized Mind by Elkhonon Goldberg

The Shallows: How the Internet Is Changing the Way We Think, Read and Remember by Nicholas G. Carr

Brainstorm: The Power and Purpose of the Teenage Brain by Daniel J Siegel

Grit: The Power of Passion and Perseverance by Angela Duckworth

Rewired: Understanding the iGeneration and the Way They Learn by Larry D. Rosen Ph.D.

Mindsets in the Classroom: Building a Growth Mindset Learning Community by Mary Cay Ricci

Mindset: The New Psychology of Success by Carol S. Dweck

Irresistible: The Rise of Addictive Technology and the Business of Keeping Us Hooked by Adam Alter

### TED talks

Angela Lee Duckworth: [Grit: The power of passion and Perseverance](#)

Supplemental information re: “Grit” TED talks (from Wellness and Diverse Needs Committees)

[The Research Behind the TED Talk: Angela Duckworth on Grit](#)

### Additional resources:

Rush NeuroBehavioral Center - <http://rnbc.org/>

Workshop presenter:  
Georgia Bozeday, Ed.D.





