



Parent Education • Coaching • School In-Services • Bully Prevention Programs

Promoting  
healthy  
development  
and nurturing  
the unique  
potential  
of every  
child

## Parenting the Gifted Child

### Traps of Parenting a Gifted Child

- Expecting more from the gifted child
- Forgetting normal developmental age and behavior
- Getting side-tracked by verbal reasoning
- Pushing a child to be more social, sporty or interested in something they are not interested in
- Not understanding perfectionism
- Not understanding temperament and Disciplining qualities of giftedness
  - Sensitivity
  - Intensity
  - Introvertedness
  - Perfectionism
- Becoming Reactive

### Tools for Effective Parenting

1. Accepting Feelings
2. Limit Setting
  - Step A – Acknowledge feelings, empathize
  - Step B – Briefly state limit clearly
  - Step C – Offer a Choice or ask what a better Choice might be
  - Step D – Done/ Detach/ Disengage
3. Self-Calming
4. Help Children Develop Their EQ/Social Skills
5. Support your child's passions and interests.
6. Support your child in finding friends with same interests

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